

Volleyball Test Review Sheet

Vocabulary

Bump/Pass- a forearm pass.

Set- When you pass the ball using your fingertips.

Spike- When the ball is hit downward over the net.

Match- When a team wins 3 out of 5 games (varsity/JV) or 2 out of 3 (freshmen)

Game- When one team reaches 25 points and wins by 2 in the set.

Rotation- When the team shifts positions clock wise.

Dead ball- When the ball is out of play.

Foot fault- When the server steps on or over the line.

Serve- Contact with the ball to initiate play.

Substitution- Replacement of at least one player in the game by a teammate.

Ace- A serve which lands in the opponents court without being touched.

Block- When a player(s) keep the ball from being returned over the net.

Libero- A defensive specialist who gets to play and serve in the back court only.

- A team is allowed 3 hits per side
- The team not serving the ball is on defense.
- When serving the ball, it is allowed to hit the net before going over.
- You need 6 players to make a team.
- When a player is holding, lifting, or throwing the ball, it is an illegal hit.
- Each team is allowed two time outs per game.
- If a varsity game goes to 5 games, the last game only goes to 15 points.
- When the ref places his arm straight out, palm up, it is an illegal hit.
- When the ref puts one arm in front of their face and the other over the head and touch the fingertips, it means that the ball was touched.
- When the line judge puts both hands forward and downward, it means the ball landed in bounds.
- When the elbows are bent and palms are facing toward the back, it means the ball landed out of bounds.

